

DietMaster 2000 Tray Cards

DietMaster 2000 Tray Cards is a subset of our full program, DietMaster 2000. It is a small but powerful program for facilities that need only generic tray cards, snack labels and a few reports. It is ideal for the small nursing home or as a starter program for facilities that cannot afford a more complete program.



What can DietMaster TX2K Do For You?

There are five major functions in DietMaster 2000 Tray Cards (TX2K): Nutritional Assessment, Weight Management, Generic Tray Cards, Supplement Labels and Reports.

Resident Data

In support of these functions, considerable data is retained for each resident. Depending on the capabilities of the program which you wish to use, some of the data may not be needed.

The data includes:

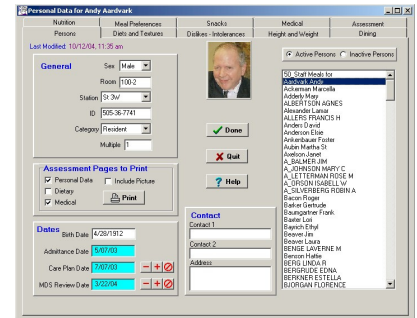
- Name -- Sex
- ID -- Room
- Station -- Category
- Multiple -- Picture
- Birth Date -- Admittance Date
- Care Plan Date -- MDS Review Date
- Diet (up to 5 per person) -- Solid Texture
- Liquid Texture -- Allergy Class (up to 12)
- Dislike Class (up to 32) -- Disliked Recipes (up to 10)
- Personal Alternates -- Ideal Weight
- Weight when Admitted -- Usual Body Weight
- Wheel Chair Weight -- Height with Date
- Adaptive Eating Devices -- Eating Notes per Meal
- Nutritional Risks -- Ideal Weight Factors
- Custom Reports
- Weight with dates for the last 12 months.
- Weight with dates for the last 12 weeks.
- Dining Room, Table and Time for each of the 3 main meals
- Meals Generally Eaten for each day of the week.
- Meal Preferences (up to 8 per meal)
- Snacks (up to 8 per snack time)
- Activity and Injury Factors affecting Calorie Need
- Renal Factors Affecting Protein Needs
- Diagnoses (up to 30 per person)
- Medications (up to 30 per person)
- Lab Tests and Values (up to 25 per person)
- Attending Physician(s) Names
- Care Plan Notes (for the past 4 sessions)

Nutritional Assessment

Perhaps the most valuable component of TX2K is the Nutritional Assessment tool which it provides. This report includes virtually all the information known by the program about a resident or patient with all the associated calculations useful for assessing the person's nutritional health. It contains virtually all the information

you need when doing a care plan review for a resident.

The Nutritional Assessment consists of up to four pages of information which encapsulate the information typically needed when attending a care conference. The pages are called the Personal Data, Dietary Assessment, Medical Assessment and the Risk Assessment pages.



Personal Data

This contents of this page describe most of the person's basic information: the ID, Room, key dates, Sex, Age, Diets, Textures, Dining Preferences and Dislikes, Allergies, Dining Times and Locations, Dining Notes and Special Eating Equipment.

Dietary Assessment

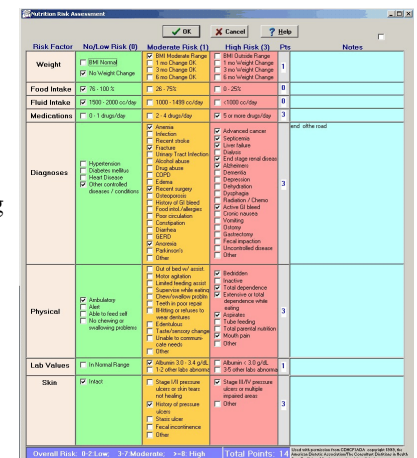
This page includes a section listing the risk factors which apply to the resident. It also provides space for Care Plan notes for either the last Care Plan period or for the past four Care Plan periods.

Nutritional Assessment

Included here are many details of the resident's physical and medical status including medications, diagnoses, lab values, calorie, fluid and protein need, monthly and weekly weights, height, ideal body weights, eating assessment and others.

Risk Assessment

The final page is a summary of the ADA/CDHCF Risk Assessment tool which provides a score describing the level of risk for the resident. Most of the factors contributing to the score are automatically calculated by the program.



Tube Feeding Calculator

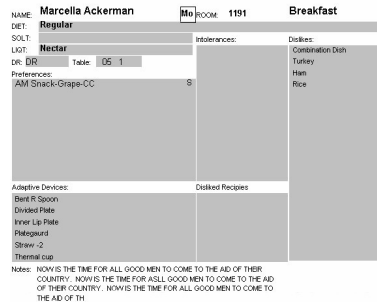
A new addition in the nutritional care functionality is the inclusion of a tube feeding calculator. You can select a formula to use (all its nutrient data comes with the program) and specify the rate and duration of the feeding. The critical nutrients thus supplied are shown along with the fluid in the formula and the needed flushes.

Generic Tray Cards

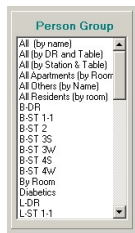
Most everyone has used at one time or another the little, 3x5 plastic cards that show the resident name, room, diets, dislikes and dislikes on them. Most everyone has also had to collect, clean, resort and update them, too.

Here's a better, paper alternative.

- Print a paper tray card with the resident's
 - Name
 - Diet (up to 5 per person)
 - Room
 - Solid Texture
 - Liquid Texture
 - Dining Room
 - Dining Table
 - Allergies
 - Preferences
 - Dislikes
 - Adaptive Devices
 - Eating Notes.



- Meal preferences can be identified as substitutions or as additions to the regular meal items.
- Meal preferences can be varied by day of the week so that variety can be introduced.
- Tray cards can be printed in any of 4 different sizes and several formats
- Tray Cards can be printed with data for only one meal or for all three meals on the card.
- If you wish, you can enclose the Tray Card in a plastic sleeve for repeated use.
- If you use a color printer, you can have a color "blob" printed on the tray card to quickly identify the diet.
- Tray Cards can be printed for any selected set of residents selected and sorted on
 - Name
 - Room Numbers
 - Station
 - Dining Time
 - Dining Room
 - Dining Table
 - Diet
 - Texture



Recipes

While complete recipes are not included in this program, you are given a large list of recipe names that can be used as supplements or meal preferences. Currently there are over 3100 such recipes. In the full, DietMaster 2000 program, these same recipe names exist except there the recipes are complete with ingredients, nutrients, diet extensions, etc.

If a recipe name you wish to use is not already part of the provided database, you can add your own recipe names for use on the tray cards.

Weight Tracking

Dietary personnel know the many hours they have to spend in collecting and recording weights and in the calculation of weight exceptions, BMI and Ideal Weights. Monthly and weekly weights and exceptions need to be reviewed for care plan actions and for review by visiting surveyors.

But, DietMaster can make that task simple:

- Monthly weights for the past 12 months are tracked.
- Weekly weights for the past 3 months are tracked.
- Weight exceptions for the past 1,3 and 6 months are automatically calculated.
- Weight exceptions for the past week are calculated.
- BMI and Ideal Weights are automatically calculated with a user choice of standard formulae.
- Weights are graphed on the Nutritional Assessment.
- Height (needed for several calculations) can be entered or automatically estimated using standard techniques.
- Weight entry for a group of residents is simplified so that only the numeric keypad is needed for entry.
- A PDA can be used for the recording of weights and quick transfer to the program eliminating the keying-in of weights.
- Weight reports of several different, useful formats are quickly generated.

Supplement Labels

Snack and supplement labels are often handled by dietary using a word processor or spreadsheet program to print the labels on label stock paper. Of course, if anything changes, the word processor or spreadsheet program must be started and the data updated. And, the numerous lists kept on the dietary office wall, bulletin board, notebook, serving area and who knows where else also have to be updated by hand, by Wite Out®, white tape, stickers or something else.

Here's a better, computerized way.

- Print the labels based on the information kept in one place for each resident.
- Print the labels for any day or any meal or snack time.
- Print the labels on 3x10 or 3x11 label stock or any other label size you specify.
- Optional information printed on each label such as irregular diets and texture symbols.

- Labels can be printed for any selected set of residents selected and sorted on
 - Name
 - Room Numbers
 - Station
 - Dining Time
 - Dining Room
 - Dining Table
 - Diet
 - Texture

Andy Aardvark
100-2 St 3W
(M) NuBasics Mocha Supreme
PM-Monday 10/18/04
1500 Calorie + Fat/Cholesterol Control

- Up to 8 supplements or snacks can be specified for each resident for each meal or snack time.
- The supplement or snack can be varied by day of the week so that, for example, various flavors of the supplements can be rotated.

While a large number of supplements labels are already defined, you may have some other labels which you want to print. You can do this with the **Custom Labels** function. You can define the data you want on the label and the order in which you want it printed. You can even define your own, any-size labels. Some facilities are using this capability for making special labels for home-delivered meal boxes or bags.

Reports

Those lists that paper the dietary office and kitchen wall can now be updated at the click of a mouse. Numerous, common reports are defined and ready to use with the latest information available for each resident.

- List all persons by
 - Room Number
 - Name
 - Dining Room
 - Diet
 - Texture
 - Diet and Texture
 - Dislikes
 - Allergies
- Report tallies of
 - Resident Diets
 - Resident Textures
 - Resident Dislikes
 - Resident Allergies
 - Supplements
 - Beverages

Persons - By Intolerances	
Apple Products Roy Foster	223-1 2 Salmon
Bacon Roy Foster Lori Boster	223-1 2 241-1 2 Tuna Tofu Andy Aardvark
Breads Vicki Meninger	205-1 1 Spicy Foods Andy Aardvark
Coffee Gerald Lambert	117-2 1 Tomato Products Roy Foster Tina Tofu
Cornmeal Andy Aardvark	100-2 1 Tuna Tina Tofu George Stevens
Chocolate Linda Hendrix	229-1 1 Wheat Products Jim Boster Roy Foster Nery Anthony
Custard Andy Aardvark	130-2 3
Fish Frank Baumgartner Tina Tofu Andy Aardvark	100-8 225-1 100-2
Grapefruit Tina Tofu Ann Josephson	213-2 2
Hot Lori Boster	241-1 1
Ice Cream Cari Thompson	113-1 1
Milk Products Tiger Health	113-2 1
Multigrain Jala Ferguson	113-2 1
Nuts and seeds Betsy Ann Josephson Andy Aardvark	213-2 1 100-2 2
Peanut butter Helen Burgenmeister	116 1
Peanut Butter Sandwich Helen Burgenmeister	116 1
Pineapple Betsy Ann Josephson Roy Aardvark	213-2 1 100-2 2

Sample Report		For Monday, October 18, 2016 Page 1	
Name	Room	Station	Preferences
Kristy Aardvark	100-2	Uspier/Dg	BLT, Or a Bun Plain Omelet Cheese Biscuit Apple Juice Cranberry Muffin Vanilla Almond Coffee Protein 1 oz Aucardo Beef Cabbage Soup Aspartes Juice Coffee Prune Juice Vanilla Cocoa Milk Black Champagne Chocolate Brownie Vanilla Almond Coffee Chocolate Brownie V8 Juice Prune Juice Beef Paste & Mozzarella Spice Juice Fortified Food Fortified Food Spices, Lemon Lime Danish Almond Soup Boiled Potatoes Cheerios/Sugar 7 Up Fortified Food Banovich Bar Blueberry Cup 7 Up Kiwi Fruit Apple Strips LB Tomato Juice Orange Pineapple Juice TSA Fortified Food Fortified Food Fruit Juice
Marcelle Ackerman	119-2	ADC	
Mary Adderly	221-1	Bl:2	
Agnes Alberson	1181		
Lemar Alexandria	100-A		
Frances H. Albee	452-1		

Furthermore, if a report showing the information you want has not been already defined, you can create your own, **Custom Reports**. You specify the data and order in which it appears on the report. Print the reports in either landscape or portrait mode.

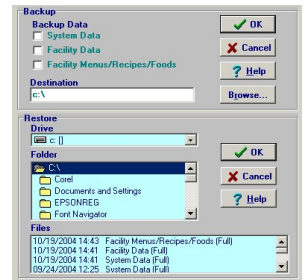
Utilities

In support of the normal functions of the program, several utilities are included.

- **Backup**
 - Backs up only those files you choose
 - Backs up to diskettes or hard file.
 - **Restore**
 - Restore from any previous backup file
 - Restore only those files you choose
 - **Update Program**
 - Automatically updates the program from a diskette or via your internet browser.
 - Updates available from www.dietmaster.com.
 - **Security**

A comprehensive security feature is built into the program. Not only can ID's and passwords be assigned to users of the program but the permissions for using various parts of the program can be individually set.
 - **Interfacing**

The program will interface with other programs to minimize the duplicate entry of data. This is done on a vendor-by-vendor basis.
- In addition to these useful utilities, extensive capabilities are provided for you to customize the program to your own preferences. For example, you are able to specify:
- Your own names for the meals (Breakfast, Dinner, Supper, ...)
 - You can choose what colors you wish to assign each diet for printing color "blobs" on the tray card.
 - You can edit the diet and texture names so they more closely match the names used in your facility.
 - You can add diets and textures that might not be included in the basic program.
 - You can add more dislike and allergy classes.
 - You have several options for the format of the nutritional assessment.
 - Numerous options exist for calculating BEE, BMI, ideal weights, calorie need, protein need and fluid need.
 - A powerful utility exists in initially assigning people to dining rooms.
 - Options are available for how and when to print serving notes on the tray cards.
 - Almost every list which is used from which to assign resident data is easily editable.
 - You can specify the format in which many dates and times



are displayed or printed.

Seating Charts

Included is the ability to create graphical eating charts for each dining room. 4- or 6-person tables can be placed graphically as they are in the dining room and persons can be assigned to seats at the tables with a *drag-and-drop* process.

Usability

Users say DietMaster programs are the easiest to use in the industry. While other programs require lengthy training sessions, many if not most users find that they can put the program to full use without any training. It is that intuitive.

Of course, on-site training is available at minimal cost, but we think you will probably not need it.

To help you, we provide toll-free technical support during normal working hours. We can also be reached by e-mail at support@dietmaster.com.

Two features that are of significant assistance in the use of the program are the extensive **Manual** and on-line help. A manual of over 200 pages is available as part of the installation process. It comes as a Microsoft Word document in the program folder.

Help is available on every window – more than 200 separate help screens. They will answer many of your questions and guide you in making decisions as to what to do and what the functions do.

Why Is DietMaster The Better Choice?

Distinctives

- It is the most complete package of its kind available specifically for long-term-care facilities. No other programs even come close to the features provided by DietMaster 2000 Tray Cards regardless of the cost.
- It features the flexibility, usability and completeness of function that is typical of all DietMaster Systems products. If you are a Windows user, you will find it easy to install and learn the program on your own and in a few hours..
- If you ever upgrade to another DietMaster Systems product, all data you have entered is usable with the more complete program without re-entry.
- Our users praise the ease-of-use and learnability of our programs.

Benefits

- No more collecting, cleaning, resorting and correcting those plastic cards. This saves hours of your time each week.
- All data needed for tray cards, reports and labels are kept and thus updated once in one place. All lists, cards and

labels are always up-to-date.

- Clean, easy-to-read tray cards, reports and labels.

Requirements

- A PC running Windows NT, ME, 2000, XP, Windows 7, Windows 8 or Windows 10
- No memory requirements beyond what is recommended for the operating system you are using.
- Your monitor needs to have a resolution of at least 600 x 800 pixels. If possible, 768 x 1024 will be even better.
- A typical installation will require about 50 MB of hard-disk space with growth to close to 70 MB over a few years.
- A Windows-compatible laser or ink-jet printer.
- The program can be loaded on a server and thus accessed by multiple users simultaneously at no additional charge.

Compatibility

- All data entered for DietMaster 2000 Tray Cards is upward compatible to DietMaster 2000 with no re-entry.

Support

Our customers often tell us that one of the biggest differences between DietMaster Systems and other software companies is that they can count on us to be responsive to their needs.

We actively solicit input from our users and frequently upgrade our programs to respond to customer suggestions in a timely way.

We provide major version updates annually and minor improvements throughout the year. And, registered users can get the updates and install them on their own and at their own convenience from our web site. No waiting for a company representative to come by or even get involved.

Contact us:

- ▶ Visit our web site: www.DietMaster.com
- ▶ E-mail us at info@dietmaster.com
- ▶ Call us at 1-888-336-3438
- ▶ Write us at: DietMaster Systems, Inc.
P.O. Box 6345
Rochester, MN 55903

